



Wellness Activities

Teranka
FORMENTERA

Wellness Activities

OCTOBER WEEKLY CALENDAR

MON Pilates 09:00
Yoga 18:00

TUE Yoga 09:00
Botanical ceramic 18:00

WED Yoga 09:00
Botanical ceramic 18:00

THU Pilates 09:00
Yoga 18:00

FRI Yoga 09:00
Resident artist workshop with Anna Ametller 18:00

SAT Yoga 09:00
Paint with watercolours 18:00

SUN Yoga 09:00
Chi Kung 18:00

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Complimentary for hotel guests · 40 EUROS per activity per visitor.
Booking required. We ask that you please be on time.



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